

# 360°

## SOFT SKILLS Training Series



### **Contact Information**

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# 12 Courses

to improve  
Job Effectiveness



The 360-Degree Soft Skills Training Series offers 12 separate courses, grouped into 3 competency clusters

**360°**  
**SOFT SKILLS**  
Training Series



## Communication Skills

**360°**  
**Personalities**

**360°**  
**Etiquette**

**360°**  
**Influence**

**360°**  
**Presentation**



## Management Skills

**360°**  
**Time Management**

**360°**  
**Interviews**

**360°**  
**Decision Making**

**360°**  
**Project Fundamentals**



## Leadership Skills

**360°**  
**Relationships**

**360°**  
**Coaching**

**360°**  
**Goal Setting**

**360°**  
**Staff Commitment**

# Modular Structure for Flexible Scheduling



You can select any courses of the series and combine them to create a new program

## Half-day Intensive Workshops: less work interruption

All 12 courses are separate modules and are delivered as half-day intensive workshops. This minimizes interruption to work and facilitates your manpower scheduling.



## Reference-based Design with Interactive Learning Methods

The design of the course contents is based on world renowned research and reference materials. All workshops are run with different interactive learning methods, including experiential learning activities, case reviews, role-playing, group discussions and presentations.



## Customization: mix and match your needs

You can combine any courses of the series and create a new program to meet your specific staff development needs. Here is an example of a customized program:





# Course Expert



All courses are designed and delivered by our founder and principal consultant, Angela Shing

## Angela Shing BBus, MSc, CPA (Aust.), IIAC (U.K.)

Angela is a seasoned training professional, with a strong background in finance and commerce. She is fluent in English, Cantonese and Putonghua and is an accredited facilitator of world renowned programs such as:

- The 7 Habits of Highly Effective People ®
- DDI leadership programs
- Think On Your Feet ®
- MBTI ® Personality Indicator
- Achieving Service Excellence (Forum)
- Coaching for Service Excellence (Forum)



## Work Experience: Training Function Head

Angela set up our InsideOut Development consultancy in 2007. Prior to that, she worked for the DBS Bank Group, Standard Chartered Bank (HK), HSBC (Australia) and the Royal Garden Hotel (HK). Her last job role was the regional head of the training function of DBS.

## Public and In-house Corporate Training

Angela has delivered our 360-degree courses for many organizations in HK, Macau and China, and for members and clients of the following 4 professional institutions in HK for 5 consecutive years:



Hong Kong Institute of  
Certified Public Accountants  
香港會計師公會



香港銀行學會  
The Hong Kong Institute of Bankers

# 4 Courses of Communication Skills



## Course Outlines

Duration of each course: 1/2 day

### 360° Personalities

#### OBJECTIVES

Collaborate with colleagues of different personalities by understanding and adapting to their psychological preferences in 4 dimensions.

#### OUTLINE

- Differentiating the psychological preferences in 4 dimensions:
  - Getting Energized
  - Receiving Information
  - Making Decisions
  - Working Styles
- Adapting to different psychological preferences.

### 360° Etiquette

#### OBJECTIVES

Project a professional image and create a favorable impression when interacting with internal and external customers, through proper business grooming and social etiquette.

#### OUTLINE

- 3 principles about business grooming.
- Business attire and smart casual wear for men and women.
- Interacting with proper manners and body language.
- Greetings and appropriate handshakes.
- Making proper introductions of others.
- Exchanging business cards.
- 3 ways to open a conversation with small talk.



## 360° Influence

### OBJECTIVES

Influence internal/external customers through a think-win-win mindset, 6 ethical influencing powers, and a 4-step process.

### OUTLINE

- A think-win-win mindset for negotiating with internal/external customers and maintaining relationship credibility.
- Understanding customers and identifying common benefits and concerns.
- 6 ethical influencing powers to increase credibility:  

Reciprocation	Liking
Consistency	Scarcity
Authority	Consensus
- 4 essential steps to influence others.

## 360° Presentation

### OBJECTIVES

Analyze the interests and concerns of the listeners, and present ideas to them professionally in an impressive and memorable way.

### OUTLINE

- Assessing the key issues and concerns of listeners.
- Designing the purpose and theme of a message.
- 5 Grouping Techniques to frame the details in a memorable manner.
- Concluding ideas to sustain listeners' memory.
- Techniques to handle challenging questions.



# 4 Courses of Management Skills



## 360° Management Skills



Training Modules

## Course Outlines

Duration of each course: 1/2 day

### 360° Time Management

#### OBJECTIVES

Achieve company goals and work-life balance by managing time effectively, and work efficiently by reducing time wasters.

#### OUTLINE

- Using a time management matrix to analyze how time is spent.
- Working smarter by expanding important tasks.
- Saving time by eliminating time robbers.
- Achieving work-life balance by setting goals for work and personal life in 5 dimensions.

### 360° Interviews

#### OBJECTIVES

Hire the right talents by establishing the job requirements and assessing candidates through competency-based interviews.

#### OUTLINE

- Identifying job requirements for a position.
- Making initial assessment and developing questions for an interview.
- 5 questioning techniques.
- 4 types of questions to be avoided.
- 8 common interview barriers.
- 3-step competency-based interviewing process.



## 360° Decision Making

### OBJECTIVES

Make appropriate decisions by analyzing an issue and evaluating different options.

### OUTLINE

- 5 phases of decision making.
- Guidelines for brainstorming ideas.
- Characteristics of good alternatives.
- 2 evaluating tools to assess options.
- 3 decision-making techniques.
- 3 steps for handling decision uncertainty.
- Notifying the right people about the decision.

## 360° Project Fundamentals

### OBJECTIVES

Achieve project results through a 4-phase fundamental process of project management.

### OUTLINE

- Initiate the project by setting the project scope, acquiring the resources, and developing a communication plan.
- Plan the project with a work breakdown structure (WBS), scheduling tools and tactics to manage 4 risk areas.
- Control project execution through 3 devices to monitor progress, 6 performance reporting tools and 6 tips for making the most of team members.
- Close the project by using 3 key factors to evaluate project performance.



# 4 Courses of Leadership Skills



## Course Outlines

Duration of each course: 1/2 day

### 360° Relationships

#### OBJECTIVES

Build a trusting work relationship with subordinates by applying a set of Relationship Guidelines in daily interactions with them.

#### OUTLINE

- Factors for building a committed team with high performance.
- The Leadership Qualities of an effective leader.
- Practical Relationship Guidelines to build trust with subordinates:
  - Sharing
  - Understanding
  - Participation
  - Empowering
  - Respect

### 360° Coaching

#### OBJECTIVES

Improve subordinates' performance by providing 4 levels of coaching and giving positive and improvement performance feedback.

#### OUTLINE

- Identifying opportunities for coaching.
- Applying the 4 levels of coaching appropriately:

Control	Manage
Lead	Release
- Applying an effective feedback approach to give:
  - positive feedback to reinforce effective actions; and
  - improvement feedback to guide staff to identify alternative actions.

# Research-based Program Framework

The framework of this program is based on a world-wide employee engagement survey on 90,000 employees of more than 100 organizations. The survey analyzed the engagement practices that can motivate employees, which in turn maximize performance and retention. This 360-Degree Leadership Program equips team leaders with the practical skills to reinforce these engagement practices. They can readily apply these leadership skills in their daily people management roles to build a committed team with high performance.



## 360° Goal Setting

### OBJECTIVES

Achieve organization objectives by empowering the team with proper work conditions and setting SMART goals with the team.

### OUTLINE

- 4 supportive conditions to empower staff.
- 5 success criteria of SMART goals.
- 4 types of measures for performance goals.
- Identifying key performance indicators (KPI) within the framework of a balanced scorecard to support the overall organization objectives.

## 360° Staff Commitment

### OBJECTIVES

Drive staff commitment to the organization by reinforcing individual development planning and connecting the staff with the organization.

### OUTLINE

- Developing staff by implementing individual competency-based development plans.
- Connecting the staff with the organization to enhance staff commitment:
  - Commit to staff development
  - Manage staff perception
  - Connect with company strategies and success
  - Reinforce the corporate culture



# About Consumer Search Group



## 32 years of Research Experience

- ❖ **1982** – Established in Hong Kong
- ❖ **1994** – Established in at Guangzhou, Beijing & Shanghai
- ❖ **2008** – Established in Macau
- ❖ **2011** – Merge with Consultancy Team
- ❖ **200** Professional Researchers
- ❖ **One of the top ten** market research companies in Hong Kong, according to result of the “The Agency of the Year” survey conducted by Marketing magazine
- ❖ **ISO9001:2000** global quality standard & strictly follow quality standards of **ESOMAR & CMRA**



2011

2008

1994

1982



**MSPA**  
ASIA/PACIFIC



**a i m r i**  
Alliance of International Market Research Institutes



# CSG Consultancy

Provides you:



## Strategic Positioning

- ☐ Top Management Retreat
- ☐ Digital Intelligence
- ☐ Middle Management Forum
- ☐ Market Research, Customer Survey, Staff Opinion Survey
- ☐ Performance Alignment

## New Product Launch

- ☐ Digital / Social Media Analytics, Market Research, Competitors Analysis
- ☐ Sales Kit Production, Customized Selling Skills Video, Sales Training
- ☐ Electronic Performance Support System (EPSS)
- ☐ Performance Monitoring – Mystery Shoppers, Field Coaching
- ☐ Motivation Events

## Corporate Building

- ☐ Digital Intelligence, Benchmark Study
- ☐ Organizational Health Check, Staff Opinion Survey
- ☐ Public Image Index
- ☐ Customer Loyalty and Re-purchase Program
- ☐ Corporate Social Responsibility (CSR)

## Succession Planning

- ☐ Core Competencies Identification
- ☐ Personality and Leadership Assessment
- ☐ Talent Development

